



Volume 5, Issue 11  
**November  
2022**

**Whitehall Township  
Public Library**  
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# Whitehall Township Public Library **Library Lines**

This month, we're getting ready for **Thanksgiving** and **National Novel Writing Month!**

We'll close at **12:30 p.m.** on Wednesday, **November 23** and be closed **all day** on Thursday, **November 24** for **Thanksgiving**. We'll be open regular hours starting on Friday. Our **regular hours** are Monday - Thursday from 9 a.m. - 8 p.m., and Friday - Saturday from 9 a.m. - 4 p.m. We're closed all day on Sunday.

As a reminder, we have a new **museum pass collection** available for check-out. Passes are checked out for one week with no renewals and can only be checked out at the Whitehall Library. You may place a hold on a pass. All passes must be returned to the Whitehall Library at the circulation desk. Overdue fines are \$10.00 a day. See our homepage for a list of our current passes.

## Fall Basket Raffle

We'll hold our 2022 Fall Basket Raffle from **November 4-11**. You can come in during our open hours to buy tickets, browse our baskets, and put in your tickets. This year's baskets include gift certificates, home goods, books, 50/50, and more!



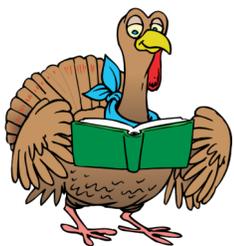
You can buy a sheet of tickets for \$5.00. We'll **draw our winners at 1:00 p.m.** on November 11. You don't need to be present to win.

## Fall Story Times

We have three fall story times. The Tuesday Preschool Story Time and the Thursday Toddler Story Time are both full, but as of this writing, there are a few slots left in the **Wednesday Preschool Story Time**. This one is open to kids ages 36 months - 5 years, and it runs on Wednesdays at 1:30 p.m. from September 28 through November 16. **Registration is required.**

## Fall Prevention

A **Fall Prevention Presentation** at 6 p.m. on Wed., **November 30** is directed to our seniors who have had issues with falling or have a fear of falling. The **Allentown Health Bureau** will talk about fall prevention and awareness. They touch on how to prevent falls in the home and other places, precautions to take, things to do to help prevent a fall, and about safer habits.



Whitehall Township



Public Library



## Regular Events

### Adult Coloring Club:

They meet on the 1st & 3rd Thursday of the month from 11 a.m. - 1 p.m. (November 3 & 17).

### Adult Book Talks:

They meet on the 1st Thursday from 1 - 2 p.m. (November 3). Come to discuss whatever you're reading or recently finished.

### Library Board of Trustees

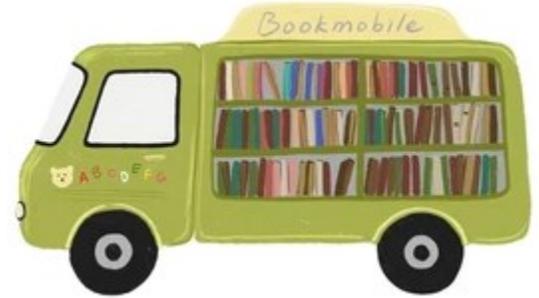
**Meeting:** They meet on the 2nd Thursday at 6:30 p.m. (November 10). Meetings are open to the public, and you can find the most recent agenda and a collection of past minutes on the Publications page of our website.

### Teen Advisory Board (TAB)

**Meetings:** They meet on the 2nd Saturday, 1:30 p.m. (November 12). TAB helps plan and run different events throughout the year. New members are always welcome!

## Books on Wheels

Traveling books in America date back to the mid-1800s. Libraries were the first to offer free books to under-privileged families; initially out of book depositories. Soon after, book wagons were commissioned to reach the most people possible. By the early 1930's, motor vehicles were utilized. In **Books on Wheels: A History of Traveling Books in America**, uncover not only the beginnings of traveling books in America, but how the Boyertown Auto Body Works had an integral role in this history.



This presentation, on Thursday, **November 17** at 6:30 p.m., comes from the **Boyertown Museum of Historic Vehicles**. They house dozens of automobiles, trucks, and motorcycles that were manufactured right here in Pennsylvania while the industry was still in its infancy. Prior to that time, the region produced multitudes of horse-drawn vehicles, of which many examples can be found at the Museum. **Registration is required.**

## Book Nook: National Diabetes Month

We probably all know someone who has **diabetes** and all the precautions they must take. It's an insidious disease by itself, but a recent news report suggested that viruses such as COVID or HIV can cause diabetes in addition to genetics and/or environmental factors. To make matters worse, diabetes and high blood pressure enable each other. Untreated diabetes can eventually lead to death, but there are many unpleasant complications such as nerve damage to the hands, feet, kidneys, eyes, and ears. That can mean amputation, blindness, and deafness. Imagine having damaged kidneys knowing you will never get a transplant because of you have diabetes. I have several family members and friends who have suffered the gamut of diabetes.

Our bodies react differently, so **diagnosing** a disease can be difficult. The most common symptoms of diabetes are: excessive thirst, frequent urination, constant hunger, weight loss, tingling in the hands or feet, blurry vision, dry mouth, dry skin, yeast infections, skin tags, bumpy or velvety rashes, and wounds that heal too slowly. You may have only one or two of these symptoms, but don't hesitate to be tested, because if your result is prediabetes, you can make changes to avoid becoming diabetic.

You've heard it a million times: **A HEALTHY LIFESTYLE**. Maintain weight within the "normal" range for you. Lose weight if you must. Increase your physical activity. Get enough sleep. Eat more vegetables, fruits, grains, and beans. When possible, choose whole wheat over white flour products. Keep in mind that you're being a role model for your family and friends, and enlist their help. You can do it!

~ Chris Andrews



# National Novel Writing Month

## NaNoWriMo

November is **National Novel Writing Month**! Every year, hundreds of thousands of people around the world use this time to focus on writing (including a friendly and active regional group in the Lehigh Valley). The official website is **NaNoWriMo.org**, and their challenge is to start a new book and write 50,000 words in a month, which is about 1,667 words a day.

Of course, you can set your own **writing goals** for yourself, especially if you start later in the month. You can start a new project or work on an old one, and you can decide how much you want to write. Whatever you do, this is a great time for you to stretch your creativity as part of a writing community! If you keep each other accountable, it helps you all stay on track.

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### NaNoWriMo Meetups

The library will host meetups **every Tuesday in November** from 5:30 - 7:30 p.m. Feel free to come whether you're tracking your progress on the official site or you're doing it on your own. Anyone in any stage of the writing process is welcome to come write in!

Everyone who wants to can talk about their projects, and we'll make sure we have plenty of time to write! We'll also have word sprints, word prompts, and other games to spice things up if you start to lag or you just want to have some fun.



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### Database Spotlight: NoveList Plus

To be a good writer, it helps if you read a lot. Our **NoveList** database can help you find books similar to your work in progress in more than just genre. If you browse by appeal, you can search for books that have different tones, types of characters, pacing, and more. There are, of course, ways to search by genre. There are even recommended reading lists for sub-genres (like "Getting Cozy" under mysteries) or fans of certain works (like *Stranger Things* or *The Sandman*) that can help you narrow your field of interest.

You can find all of our **databases** under Research & Learn on our homepage ([www.whitehallpl.org](http://www.whitehallpl.org)). You can sign into most of them, including NoveList, from home with your library barcode and PIN. Please see our front desk if you don't know either of these numbers or are having trouble logging in.

## Mad Libs (Words)

Want a little fun with words? Pick some that match the types of words listed here, and then insert them into the passage below. (Try not to look ahead!)

1 = (Present-Tense) Verb; 2 = Plural Noun; 3 = Emotion; 4 = Adjective; 5 = Plural Noun; 6 = (Present-Tense) Verb; 7 = Adjective; 8 = Adjective; 9 = Body Part; 10 = Number

## Mad Libs (Passage)

From "Oh, The Places You'll Go" by Dr. Seuss

**O**n and on you will [1. \_\_\_\_\_],  
And I know you'll [1. \_\_\_\_\_] far  
and face up to your [2. \_\_\_\_\_]  
whatever they are.

**Y**ou'll get [3. \_\_\_\_\_], of course,  
as you already know.

You'll get mixed up  
with many [4. \_\_\_\_\_] [5. \_\_\_\_\_] as you go.

So be sure when you [6. \_\_\_\_\_],  
[6. \_\_\_\_\_] with care and great tact  
and remember that Life's

a Great [7. \_\_\_\_\_] Act.

Just never forget to be [8. \_\_\_\_\_] and deft.

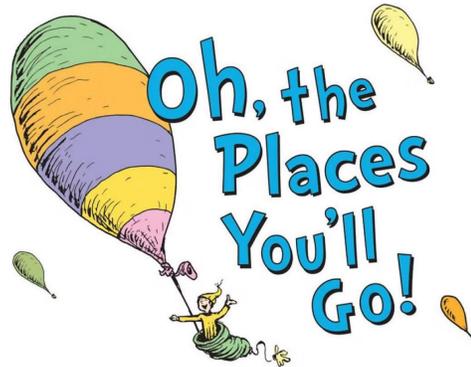
And never mix up your right [9. \_\_\_\_\_] with your left.

\*\*\*\*\*

**A**nd will you succeed?

Yes! You will, indeed!

([10. \_\_\_\_\_] percent guaranteed.)



## Writing Prompts For When You're Stuck

1. Shuffle your music playlist. When you get your first song, work the title or theme into your next scene.
2. A character is suddenly afraid. Why?
3. Write the next scene you can think of, even if it doesn't follow chronologically.
4. Something important disappears. What is it?
5. Your protagonist gets an invitation. What is it for?
6. Open any book or magazine. Point to a random word and then use that word in your next scene.
7. Disaster strikes! Throw a major catastrophe at your characters that is not a death scene.
8. Your protagonist suddenly doubts someone he/she previously trusted.