



Volume 4, Issue 9
**September
 2021**

**Whitehall Township
 Public Library**
 3700 Mechanicsville Rd.
 Whitehall, PA 18052
 610-432-4339
 www.whitehallpl.org
 @WhitehallTPL

**Board of Trustees
 Fiscal Year 2021-2022:**

- Kathy Betz, Co-Treasurer
- Tom Ernst
- Patricia H. Fried,
vice president
- Fran Lloyd, president
- Melissa Sassaman
- Joan M. Shafer,
Co-Treasurer
- Denise Shaffer,
secretary

Director:
 Patty Vahey

Inside This Issue:

- Fall Story Time 2
- Donations 2
- Coloring Time 2
- What Are You
Reading Now? 2
- Database Spotlight:
Back to School 3
- Book Nook: National
Yoga Month 3
- Banned Books Week 4

Whitehall Township Public Library **Library Lines**

Library Director's Personal Note

This will be my last library newsletter for WTPL. I am retiring and moving back to Bloomington, IN this fall. I want to thank the staff, board, and patrons of the library for a wonderful 8 years! I was greeted with open arms in May 2013, and I have enjoyed every day working here, but this past year with pandemic precautions has taken a toll on me. This is an awesome library with a great staff. It was wonderful to be part of LCLC (Lehigh Carbon Library Cooperative), and I loved living in Whitehall. I enjoyed working at the fall festivals, car shows, dog shows, community nights at Iron Pigs games, and working with the Whitehall Lions and Whitehall Chamber. I will miss all of you and hope for the continued success of this wonderful library!

~ Patty Vahey

Library Updates: Labor Day & Late Fees

The library is open six days a week. You can **visit us** from Monday - Thursday at 9 a.m. - 8 p.m. or Friday - Saturday at 9 a.m. - 4 p.m.

We'll be closed for the **Labor Day** holiday from Sat., September 4 - Mon., September 6, and then we'll resume regular hours on Tues., September 7. After Labor Day, we'll also start taking book donations again. (See pg. 2 for more information.)

The Whitehall Township Public Library and other libraries in the Lehigh Carbon Library Cooperative (LCLC) are pleased to announce that starting **September 1, 2021**, we will **no longer charge late fees** for books and other items. Here's what you need to know:

- 1. Due Dates:** All items still have due dates and a limited number of renewals.
- 2. Lost Items:** Items that are 28 days overdue are marked as lost in the system, and you'll be charged replacement costs and processing fees as usual. We can waive the charge if you return the item, but we can't refund money already paid.
- 3. Exceptions:** You may have to pay overdue fees for Interlibrary Loans and for some of our libraries' special collections like museum passes and musical instruments.
- 4. Past Overdue Fines:** We'll waive any overdue fines on your account from any past materials, apart from the exceptions listed above.
- 5. Other Charges:** You will still be charged other fees for things like lost and damaged items. We won't waive any old fees except for overdue items.
- 6. Blocked Accounts:** Your library account is blocked as soon as it has accrued \$10 or more in fees, including fees from lost materials. Until you settle this, you won't be able to check out more materials or use certain resources.

Whitehall Township



Public Library



Any teens interested in volunteering in the library can join our **Teen Advisory Board**. It meets on the 2nd Saturday of every month from 1:30 p.m. - 2:30 p.m., (this month) on **September 11**. It might be over Zoom or in person, so e-mail Ms. Lorraine Santaliz (santaliz.l@whitehallpl.org) for info.

September is **Better Breakfast Month**. Many of us tend to skip breakfast in our busy mornings, but it's an important part of your day. People who eat breakfast tend to have healthy eating habits that decrease obesity, and they have more energy throughout the day.

Want to know what you should eat? Harvard Health Publishing says that some of the best breakfast foods are fruits, vegetables, whole grains, and healthy proteins and fats.



Fall Story Time

We're looking ahead to our Fall Story Times for preschoolers and toddlers. **Registration** opens on Tues., September 28, and you only need to register only once per child for all dates in this session. We ask that you stay with your children during story time.

Preschool Story Time

This program is for children ages 37 months - 6 years old. It'll be a 7-week session on Tuesdays at 1:30 p.m. from October 5 - November 16, 2021.

Toddler Story Time

This program is for children ages 12 - 36 months old. It'll be a 5-week session on Thursdays at 11:00 a.m. from October 14 - November 11, 2021.



Donations

We have lots of great patrons who want to donate to the library. We were packed full of **book donations** for a while, but thanks to our August Book Sale, we can start taking books and other media after Labor Day. We ask that you limit yourself to 3 bags or boxes of items in good condition. We can't take magazines, textbooks, encyclopedias, or tapes. Please bring any donations to our side door during business hours and ring the doorbell.

We also have a wish list of **other items**, in case you'd like to help us in other ways. We're currently looking for: disinfecting wipes, disposable masks, hand sanitizer, copier paper (white or colored 8.5"x11"), resealable plastic bags (any size, especially qt., 1 gal., 2 gal., & snack-sized), stand-up sign holders (clear 8.5"x11"), cases of 8-oz. bottled waters, plastic table cloths (any color), and gift cards (any store, especially Walmart, Giant, & Redner's).

Coloring Time

We're re-starting our **Adult Coloring Club** this month. We'll hold it on the first and third Thursday of every month from 11 a.m. - 1 p.m. Our first two meetings will be on **September 2 & 16**. Come in to enjoy this relaxing hobby while chatting together.



What Are You Reading Now?

We're also re-starting our **Adult Book Club**, which we're holding once a month. This will be on the first Thursday of the month from 1 - 2 p.m., with this month's on **September 2**. In this book club, we talk about whatever we're reading right now or just finished. Whether you read fiction or non-fiction, short works or long, you're welcome to join the club!



Database Spotlight: Back to School

Are you looking for tools to help you learn online? If you have a valid library card and PIN with us, then you can access a whole host of resources on our website (www.whitehallpl.org). If you go to the “Research & Learn” menu tab, you can find a list of databases on a wide range of topics, and you can access almost all of them remotely. (You need to be in the library building to use Ancestry or ABC Mouse.) Lots of our databases are meant to help people of all ages learn about the world around them or prepare for tests or careers. Here are some that you can use:



- **AtoZ Collection** - If you need general information on this country or the world around you, check out this collection. We have databases on American food, maps, the USA, the world, world culture, and world food.
- **Brainfuse HelpNow** - Don't let homework overwhelm you. Use this database to get free online tutoring!
- **Brainfuse LearnNow** - Build your skills with lessons, videos, practice tests, and more.
- **LearningExpress** - Students and professionals can come here for academic skill-building with standardized test prep, career certification test prep and more.

Book Nook: National Yoga Month

Yoga, as defined in the United States, is physical movement sometimes combined with breathing and/or meditation. There are about a dozen **types of yoga** that are recognized, from very easy sitting positions, to skeletal and organ alignments. People who practice yoga are called yogis, and they claim many benefits such as relieving stress, creating more energy, and finding peace of mind. Yoga requires that you “be in the moment” as you concentrate on your movements. Hatha yoga is best for beginners and the most common taught in yoga classes. The poses slower paced and done mostly for loosening, stretching and relaxation. Iyengar yoga uses props, so it is good for people who need to practice how to balance. Yin yoga is a series of seated poses, so no chance of falling. Vinyasa yoga combines proper breathing along with movement from position to position. Bikram yoga is a series of 26 postures repeated twice in a hot room.

Our library has many **books and DVDs** on yoga. Most of them can be found in Dewey 613.7046 in our regular and oversize collections and include yoga for people with arthritis, large people, and even people who like to wear pajamas! Children's yoga books are located in 613.7. Have fun finding a yoga style that suits you, and don't forget to look in our community for classes.

~ Chris Andrews

7 Hatha Yoga Poses for Beginners



VRIKSASANA



TADASANA



VIRABHADRASANA



ADHO MUKHA SVANASANA



UTTANASANA



SETU BANDHASANA



SALABHASANA

Banned Books Week



Banned Books Week (September 26 - October 2, 2021) is an annual event celebrating the freedom to read, and this year's theme is: **"Books Unite Us. Censorship Divides Us."** Typically held during the last week of September, it spotlights current and historical attempts to censor books in libraries and schools. It brings together the entire book community - librarians, booksellers, publishers, journalists, teachers, and readers of all types - in shared support of the freedom to seek and to express ideas, even those some consider unorthodox or unpopular. The **American Library Association (ALA)** compiles information on banned and challenged books every year in the United States.

A **challenge** is an attempt to remove or restrict materials, based upon the objections of a person or group. A banning is the removal of those materials. Challenges do not simply involve a person expressing a point of view; rather, they are an attempt to remove material from the curriculum or library, thereby restricting the access of others. Many challenges are unsuccessful, and these materials stay in the school curriculum or library collection.

Stats

Here are some statistics from 2020, compiled by the ALA's Office for Intellectual Freedom.

What is Challenged?

- 73% - Books, graphic novels
- 14% - Programs, meeting rooms
- 03% - Social media
- 02% - Displays, photos
- 01% - Films
- 07% - Other



What Books Were Challenged Most?

1. *George* - Alex Gino
2. *Stamped: Racism, Antiracism, and You* - Ibram X. Kendi and Jason Reynolds
3. *All American Boys* - Jason Reynolds and Brendan Kiely
4. *Speak* - Laurie Halse Anderson
5. *The Absolutely True Diary of a Part-Time Indian* - Sherman Alexie
6. *Something Happened in Our Town: A Child's Story About Racial Injustice* - Marianne Celano, Marietta Collins, and Ann Hazzard
7. *To Kill a Mockingbird* - Harper Lee
8. *Of Mice and Men* - John Steinbeck
9. *The Bluest Eye* - Toni Morrison
10. *The Hate U Give* - Angie Thomas



Where do Challenges Take Place?

- 43% - Public libraries
- 38% - Schools
- 15% - School libraries
- 02% - Academia
- 02% - Other

Who Initiates Challenges?

- 50% - Parents
- 20% - Patrons
- 11% - Board/administration
- 09% - Political/religious groups
- 05% - Librarians/teachers
- 04% - Elected officials
- 01% - Students

